

No Need To Worry

Scripture

“The nations raged, the kingdoms were moved; He uttered His voice, the earth melted. The LORD of hosts [is] with us; The God of Jacob [is] our refuge. Selah Come, behold the works of the LORD, Who has made desolations in the earth. He makes wars cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire. Be still, and know that I [am] God; I will be exalted among the nations, I will be exalted in the earth! The LORD of hosts [is] with us; The God of Jacob [is] our refuge. Selah” (Ps 46:6-11 NKJV)

Commentary

There are two ways to live in this world. The first is to worry about all the details, and fret over the outcome of events. The second is to relax in the peace of the Lord. The path you chose will have a huge impact on your spiritual life.

Those who chose to help God get His job done will often miss the many blessings God has prepared. They may actually receive the blessing, but they will not see it as a blessing. This is true because they see themselves as the solution to whatever problem they face. They see the nations rage, but they also see their military prowess adequate for the task. Instead of living by faith, they live by sight.

Don't hear me saying that, “As a believer you should not be wise.” We should prepare, and guard like any intelligent person does. I lock my doors at night just as you do. However, I don't have an armed guard patrolling my yard. The reason I don't is I know nothing can harm me unless God allows it to harm me. If He allows something to harm me, it will have my ultimate good as its design.

You may think this is a strange saying, but if you stop worrying God might remove many of the things about which you worry. After all, doesn't He bring things into our lives to cause us to depend on Him? If we are depending upon Him, He might just make it smooth sailing most of the time. That is something to think about anyway.

The point is this: Whether the seas are raging and the boat is filling with water, or still waters are providing an abundant catch, learn to be still and know that He is God. Nothing can stop the Lord's hand. So why worry?

If you would like a New Year's resolution, try this one.

I resolve to be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let my requests be made known to God; trusting that the peace of God, which surpasses all understanding, will guard my heart and mind through Christ Jesus. Finally, I resolve to meditate on these things, whatever things are true, whatever things [are] noble, whatever things [are] just, whatever things [are] pure, whatever things [are] lovely, and whatever things [are] of good report.